There are many more adventures of AdhaFULL. Read them all, don't miss even a single one.



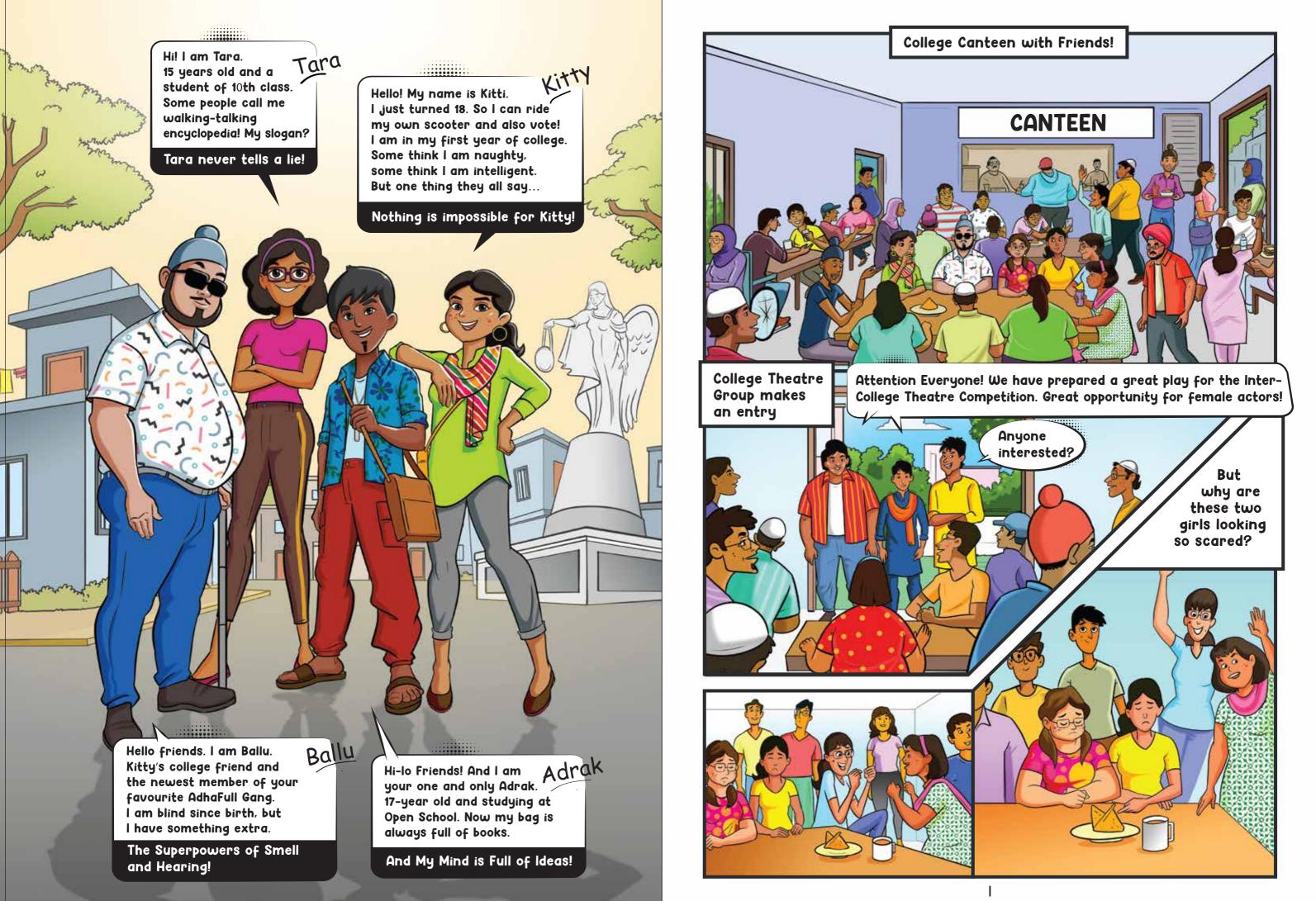


Developed and created by **BBC Media Action** in partnership with **UNICEF, DOVE** and **the Center for Appearances Research** 

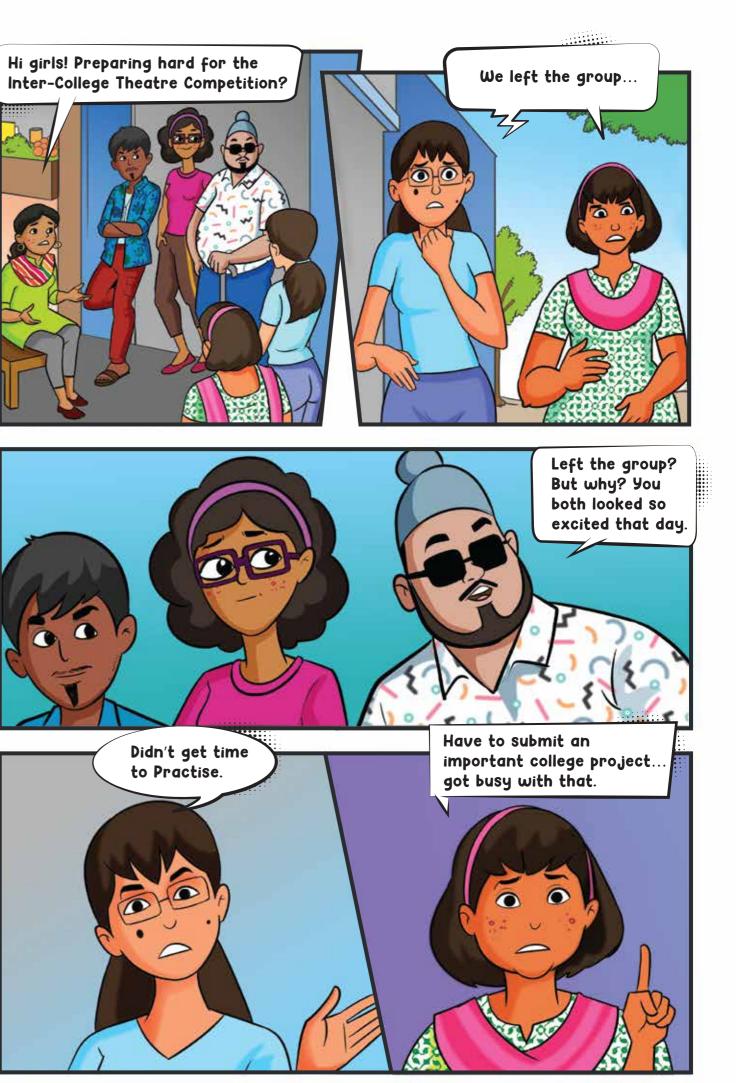


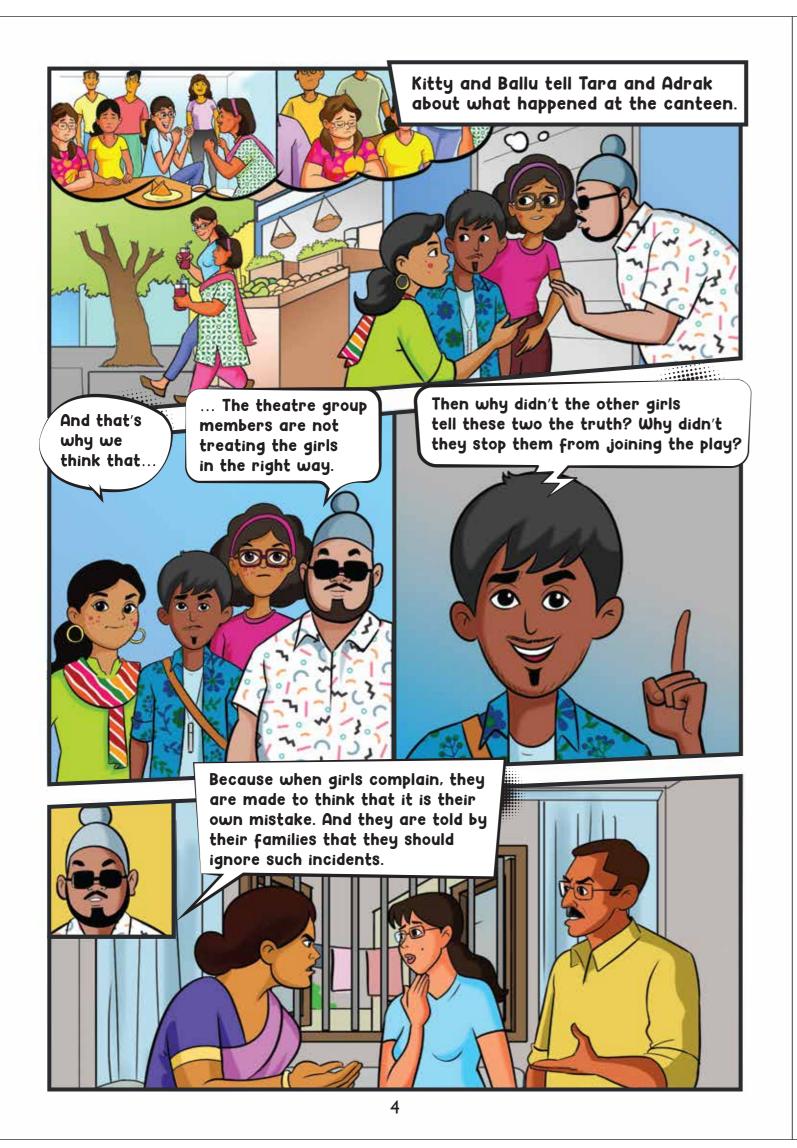
# Not Just A Play











They are told that this is not new, nor a big deal. And that it is normal for society to think of girls as objects. Next day in Kitty and Ballu's class. The same theatre group enters again! We need female actors for our play... anyone interested?







And that's why girls keep such things to themselves, and are afraid of speaking up.





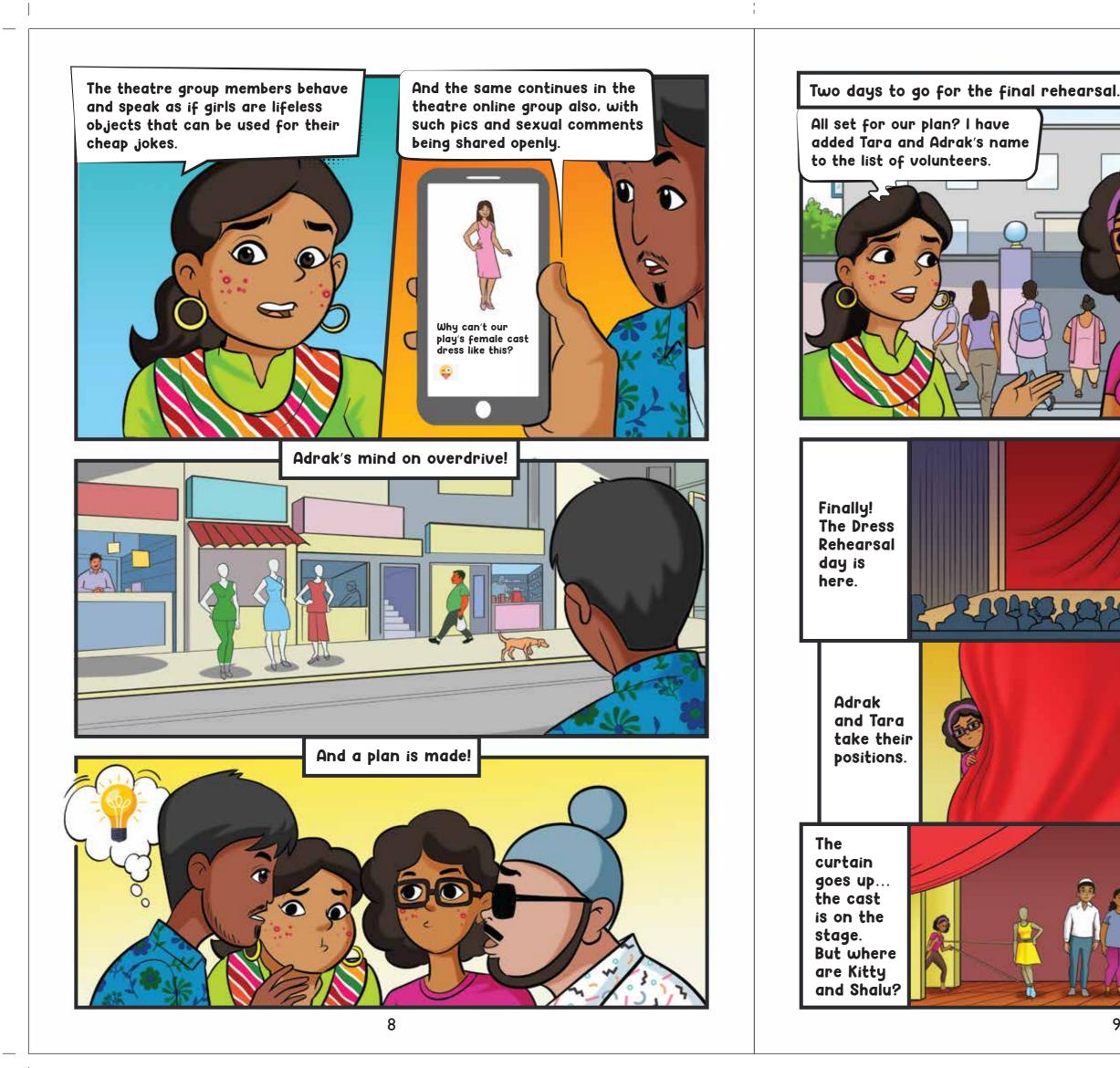




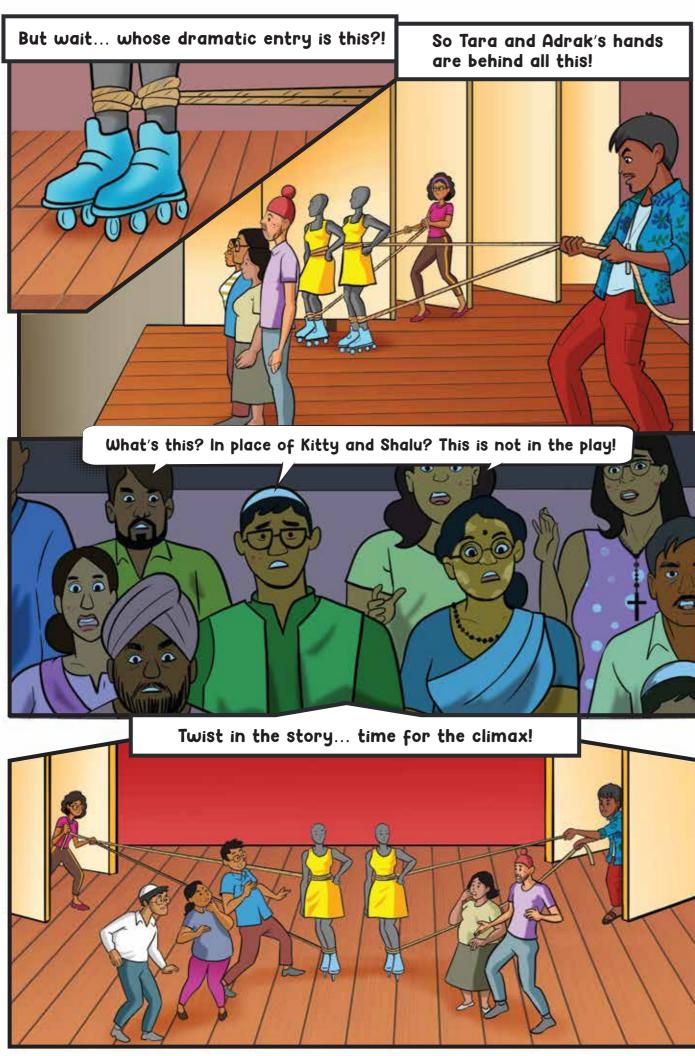
Next day... Kitty tells her friends that she has uncovered the truth.



We were right about the reason why girls were leaving the theatre group.







On the stage... Kitty and the female actors who had left the show.

What you all are about to see is not part of the play, but a real story.





l had started feeling ashamed of my own reflection in a mirror. Are my dresses and make-up my only identity? I told my mother about it. But she said that it is not a big thing. She said that the society expects girls to look beautiful. And I should do what is expected. I am a class topper. Shouldn't that be the most important thing?



The girls you see here have all been part of this play in the past. But we kept leaving it one by one. Do you know why? Because we felt that there was no difference between us and these lifeless statues you see here.



During rehearsals, we would hear sexual jokes, face improper actions. And they would all make us feel like mere objects.

> If we have to be treated like objects, then why not use objects in the play in our place?

We have realised our mistake. Your talent and your work are your real worth. We didn't understand this, and through our words and actions, embrassed you, and made you feel unsafe.

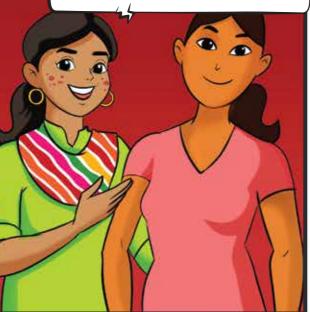


It's not just girls who are treated like objects. Even boys face the same problem.

I now realise that even I was subjected to sexual jokes. I was very thin and short in my childhood, and a neighbourhood aunty would call me 'dried stick'. I remember feeling embarrassed and insecure.



Time to meet Priya! She is the play's original and most talented actor!



I too quit the play because of this play the role.



We have prepared a few activities that are to be conducted after each graphic novel is completed. These activities will be conducted by the facilitator, who is also the group leader. The facilitator will have to ensure that all the girls and boys are present, and are comfortably seated in their places.

INFRODUCTION

- Once the graphic novel has been completed, the facilitator will have to read the activities carefully, explain these to the girls and boys present, and make sure that they all participate in the activities.
- Please make sure that every participant gets a chance to take part and speak up for every activity.
- When it is their turn to speak, the participants must first raise their hands and never speak when someone else is making a point. To ensure this, the facilitator must ensure that each participant gets the time to give the answers completely.
- If a participant is not replying, the facilitator must take out time to ask them directly to read, understand, and give answers to the activities related to the graphic novels and its main messages.
- The facilitator should encourage every single participant to think about the main messages in the graphic novels and share their own personal experiences that match the main messages in the stories.

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# Think, understand, and speak.

Take 60 seconds and think of someone around you who may have been treated like an object.

- 1. How did that person react in the situation?
- 2. Did someone who was present at that time stop others from doing it?
- 3. True or False: People should be treated like human beings, and not as objects for their sexual pleasure.

## 4. True or False:

The person who is being made to feel like an object should speak to the person who is doing it, and tell them that it is wrong to do so.

# SEXUAL AND SELF-OBJECTIFICATION



Imagine that you are in a situation that is similar to what has been shown in the graphic novel. You too had to take part in a play but you had to face the same behaviour. What will you do, and why:

1. You will reveal the names of those who treated you like an object and handle it yourself.

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- 2. You will discuss this with your friends and support group and take their help.
- 3. You will stay away from those who make such comments.